

TAI JI BALANCING METHOD

Based on Richard Tan and Yoshio Manaka

<i>Arm</i>	#1	#2	#3	#4	#5	#6
LU	SP	BL	LI	BL	LR	ST
PC	LR	ST	TE	ST	KI	GB
HT	KI	GB	SI	GB	SP	BL
LI	ST	LR	LU	KI	ST	SP
TE	GB	KI	PC	SP	GB	LR
SI	BL	SP	HT	LR	BL	KI
<i>Foot</i>						
SP	LU	SI	ST	TE	HT	LI
LR	PC	LI	GB	SI	LU	TE
KI	HT	TE	BL	LI	PC	SI
ST	LI	PC	SP	PC	LI	LU
GB	TE	HT	LR	HT	TE	PC
BL	SI	LU	KI	LU	SI	HT
	Opposite	Either	Opposite	Either	Opposite	Either

#1	6 Division Hand-Foot	#4	Chinese Clock – Opposite
#2	6 Division Yin-Yang Pair	#5	Chinese Clock – Neighbor
#3	Wu Xing Partner (Ext-Int)	#6	Manaka 3 Groupings

Prioritize #1, 3, 4 and 6