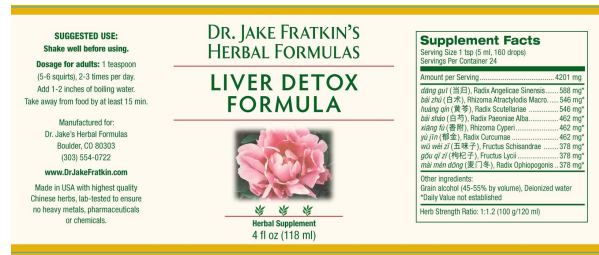


DR. JAKE FRATKIN'S HERBAL FORMULAS



My Chinese herbal tinctures are offered to licensed health practitioners for their patients. They represent my 38 years of clinical practice, and I find them effective in most cases.

Made in USA with highest quality Chinese herbs, USA lab-tested to ensure no heavy metals, pharmaceuticals or chemicals. 50% grain alcohol-50% water extraction/percolation, 100 g. herbs per 4 oz bottle, delivering 4 g. of extracted herbs per dosage. They are 3-4 times as strong as most alcohol-extracted tinctures.

Suggested retail cost: \$38-45. Each bottle delivers 28 adult servings.

Wholesale terms: Minimum orders of 6 bottles, any combination, \$25 each plus shipping.

Questions, or to order by phone: 303-554-0722, or email: info@drjakefratkin.com

The following descriptions have not been evaluated by the Food and Drug Administration.

These products are not proven to treat, cure or prevent any disease.

Cold, Flu, Infection:

* GZQ Formula (Common Cold)	p.	2
* SVP Lung Formula (Cough)		13
* Clear Toxin (Flu and Severe Cold)		3
Simplex-Zoster Formula		12
Tonsil-Lymph Formula		14
* Immune Plus		7

Essential Chinese Formulas (book) 16

Organ Regulation:

Blood Sugar Formula	p.	2
Emperor's Longevity		4
Gum and Tooth Formula		5
Kidney Detox Formula		8
* Liver Detox Formula		9
* Pre-Menstrual Formula		10
* Prostate Formula		11
* Woman's Hair Formula		15

* Our most popular formulas!

Complete test vials of all formulas are available. Please inquire.

Suggested Use: Shake well before using.

Dosage for adults: 1 teaspoon (5-6 squirts), 2-3 times per day.

Add 1-2 inches of boiling water. Take away from food by at least 15 minutes.

Children 2 to 5: 1 squirt for each year of age, plus one. Add boiling water.

Children below 2 and pregnant women: Consult practitioner of Chinese herbal medicine.

Note: ALL FORMULAS ARE LISTED ALPHABETICALLY.

<p>SUGGESTED USE: Shake well before using.</p> <p>Dosage for adults: 1 teaspoon (5-6 squirts), 2-3 times per day. Add 1-2 inches of boiling water. Take away from food by at least 15 min.</p> <p>Manufactured for: Dr. Jake's Herbal Formulas Boulder, CO 80303 (303) 554-0722 www.DrJakeFratkin.com</p> <p>Made in USA with highest quality Chinese herbs, lab-tested to ensure no heavy metals, pharmaceuticals or chemicals.</p>	<p>DR. JAKE FRATKIN'S HERBAL FORMULAS</p> <p>BLOOD SUGAR FORMULA</p>  <p>Herbal Supplement 4 fl oz (118 ml)</p>	<p>Supplement Facts</p> <p>Serving Size 1 tsp (5 ml, 100 drops) Servings Per Container 24</p> <table border="1"> <tr> <td>Amount per serving, mg/5 ml</td> <td>4166 mg</td> </tr> <tr> <td>dǎng shēn (党参), Radix Codonopsis</td> <td>625 mg*</td> </tr> <tr> <td>huáng qí (黄芪), Radix Astragal</td> <td>625 mg*</td> </tr> <tr> <td>mài mén dōng (麦门冬), Radix Ophiopogonis</td> <td>625 mg*</td> </tr> <tr> <td>tiān huā fěn (天花粉), Radix Trichosanthis</td> <td>625 mg*</td> </tr> <tr> <td>hàn lián cǎo (旱莲草), Herba Ecliptae</td> <td>500 mg*</td> </tr> <tr> <td>nǚ zhēn zǐ (女贞子), Fructus Ligustri Lucidi</td> <td>500 mg*</td> </tr> <tr> <td>dì gǔ pí (地骨皮), Cortex Lycii</td> <td>416 mg*</td> </tr> <tr> <td>huáng lián (黄连), Rhizoma Coptidis</td> <td>250 mg*</td> </tr> </table> <p>*Daily value not established.</p> <p>Other ingredients: Grain alcohol (45-55% by volume), Deionized water</p> <p>Herb Strength Ratio: 1:1.2 (100 g/120 ml)</p>	Amount per serving, mg/5 ml	4166 mg	dǎng shēn (党参), Radix Codonopsis	625 mg*	huáng qí (黄芪), Radix Astragal	625 mg*	mài mén dōng (麦门冬), Radix Ophiopogonis	625 mg*	tiān huā fěn (天花粉), Radix Trichosanthis	625 mg*	hàn lián cǎo (旱莲草), Herba Ecliptae	500 mg*	nǚ zhēn zǐ (女贞子), Fructus Ligustri Lucidi	500 mg*	dì gǔ pí (地骨皮), Cortex Lycii	416 mg*	huáng lián (黄连), Rhizoma Coptidis	250 mg*
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TCM Application: Boosts spleen *qi*, nourishes *yin*, regulates blood, clears heat.

Comments: BLOOD SUGAR FORMULA is based on recent research from China for lowering elevated blood sugar, the formula tonifies spleen *qi*, boosts kidney *yin*, and clears heat. *Yin* and blood tonification reduces the stickiness of blood due to excess sugar, while clearing heat reduces vascular inflammation.

Ingredients

<i>dǎng shēn</i> (党参), Radix Codonopsis.....	625 mg	15 %
<i>huáng qí</i> (黄芪), Radix Astragali.....	625	15
<i>mài mén dōng</i> (麦门冬), Radix Ophiopogonis	625	15
<i>tiān huā fěn</i> (天花粉), Radix Trichosanthis.....	625	15
<i>hàn lián cǎo</i> (旱莲草), Herba Ecliptae	500	12
<i>nǚ zhēn zǐ</i> (女贞子), Fructus Ligustri Lucidi.....	500	12
<i>dì gǔ pí</i> (地骨皮), Cortex Lycii	416	10
<i>huáng lián</i> (黄连), Rhizoma Coptidis	250	6

Total per dose 4166 mg

<p>SUGGESTED USE: Shake well before using.</p> <p>Adults and children 6 or above: 1 teaspoon (5-6 squirts), every 3 hours. Add 1-2 inches of boiling water. Take away from food by 15 minutes.</p> <p>Children 2 to 5: 1 squirt (33 drops) for each year of age, plus one. Add boiling water. Add small amount of sweetener if necessary.</p> <p>Children below 2: Consult practitioner of Chinese herbal medicine.</p> <p>Manufactured for: Dr. Jake's Herbal Formulas Boulder, CO 80303 (303) 554-0722 www.DrJakeFratkin.com</p> <p>Made in USA with highest quality Chinese herbs, lab-tested to ensure no heavy metals, pharmaceuticals or chemicals.</p>	<p>DR. JAKE FRATKIN'S HERBAL FORMULAS</p> <hr/> <p>CLEAR TOXIN</p>  <p>Herbal Supplement 4 fl oz (118 ml)</p>	<p>Supplement Facts Serving Size 1 tsp (5 ml, 100 drops) Servings Per Container 24</p> <table border="1"> <tr> <td>Amount per serving, mg/5 ml</td> <td>4166 mg</td> </tr> <tr> <td>bǎn lán gēn (板蓝根), Radix Isatidis</td> <td>400 mg*</td> </tr> <tr> <td>lián qiào (连翘), Fructus Forsythiae</td> <td>400 mg*</td> </tr> <tr> <td>bái zhú (白术), Rhizoma Atractylodis Macro</td> <td>358 mg*</td> </tr> <tr> <td>dàn zhú yè (淡竹叶), Herba Lophatheri</td> <td>350 mg*</td> </tr> <tr> <td>lú gēn (芦根), Rhizoma Phragmitis</td> <td>350 mg*</td> </tr> <tr> <td>yú xīng cǎo (鱼腥草), Herba Houttuyniae</td> <td>350 mg*</td> </tr> <tr> <td>jīn yín huā (金银花), Flos Lonicerae Japonicae</td> <td>350 mg*</td> </tr> <tr> <td>gé gēn (葛根), Radix Puerariae Lobatae</td> <td>350 mg*</td> </tr> <tr> <td>jú huā (菊花), Flos Chrysanthemi</td> <td>350 mg*</td> </tr> <tr> <td>fáng fēng (防风), Radix Saposhnikoviae</td> <td>350 mg*</td> </tr> <tr> <td>bò hé (薄荷), Herba Menthae</td> <td>308 mg*</td> </tr> <tr> <td>gān cǎo (甘草), Radix Glycyrrhizae</td> <td>250 mg*</td> </tr> </table> <p>*Daily value not established.</p> <p>Other ingredients: Grain alcohol (45-55% by volume), Deionized water</p> <p>Herb Strength Ratio: 1:1.2 (100 g/120 ml)</p>	Amount per serving, mg/5 ml	4166 mg	bǎn lán gēn (板蓝根), Radix Isatidis	400 mg*	lián qiào (连翘), Fructus Forsythiae	400 mg*	bái zhú (白术), Rhizoma Atractylodis Macro	358 mg*	dàn zhú yè (淡竹叶), Herba Lophatheri	350 mg*	lú gēn (芦根), Rhizoma Phragmitis	350 mg*	yú xīng cǎo (鱼腥草), Herba Houttuyniae	350 mg*	jīn yín huā (金银花), Flos Lonicerae Japonicae	350 mg*	gé gēn (葛根), Radix Puerariae Lobatae	350 mg*	jú huā (菊花), Flos Chrysanthemi	350 mg*	fáng fēng (防风), Radix Saposhnikoviae	350 mg*	bò hé (薄荷), Herba Menthae	308 mg*	gān cǎo (甘草), Radix Glycyrrhizae	250 mg*
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TCM Application: Clears heat, resolves toxin, dispels wind-heat, regulates *taiyang* and *yangming* stage of exogenous wind invasion.

Comments: CLEAR TOXIN follows the Chinese health ministries' recommendations for treatment of influenza or acute common cold, with symptoms of fever, chills, headache, or sore throat. The formula should be administered every 3-4 hours until symptoms are gone. If flu or common cold turns to cough, address with SVP Lung Formula.

Ingredients:

<i>bǎn lán gēn</i> (板蓝根), Radix Isatidis	400 mg	9.6 %
<i>lián qiào</i> (连翘), Fructus Forsythiae.....	400	9.6
<i>bái zhú</i> (白术), Rhizoma Atractylodis Macro.....	358	8.6
<i>dàn zhú yè</i> (淡竹叶), Herba Lophatheri	350	8.4
<i>lú gēn</i> (芦根), Rhizoma Phragmitis	350	8.4
<i>yú xīng cǎo</i> (鱼腥草), Herba Houttuyniae.....	350	8.4
<i>jīn yín huā</i> (金银花), Flos Lonicerae Japonicae.	350	8.4
<i>gé gēn</i> (葛根), Radix Puerariae Lobatae	350	8.4
<i>jú huā</i> (菊花), Flos Chrysanthemi	350	8.4
<i>fáng fēng</i> (防风), Radix Saposhnikoviae	350	8.4
<i>bò hé</i> (薄荷), Herba Menthae	308	7.4
<i>gān cǎo</i> (甘草), Radix Glycyrrhizae.....	250	6.0

Total per dose 4166 mg

<p>SUGGESTED USE: Shake well before using.</p> <p>Dosage for adults: 1 teaspoon (5-6 squirts), 2-3 times per day. Add 1-2 inches of boiling water. Take away from food by at least 15 min.</p> <p>Manufactured for: Dr. Jake's Herbal Formulas Boulder, CO 80303 (303) 554-0722</p> <p>www.DrJakeFratkin.com</p> <p>Made in USA with highest quality Chinese herbs, lab-tested to ensure no heavy metals, pharmaceuticals or chemicals.</p>	<p>DR. JAKE FRATKIN'S HERBAL FORMULAS</p> <hr/> <p>EMPEROR'S LONGEVITY FORMULA</p>  <p>Herbal Supplement 4 fl oz (118 ml)</p>	<p>Supplement Facts Serving Size 1 tsp (5 ml, 100 drops) Servings Per Container 24</p> <table border="1"> <thead> <tr> <th>Amount per serving, mg/5 ml</th> <th></th> </tr> </thead> <tbody> <tr> <td>4165 mg</td> <td></td> </tr> <tr> <td>shú dì huáng (熟地黄), Radix Rehmanniae Praep.</td> <td>500 mg*</td> </tr> <tr> <td>bǔ gǔ zhī (补骨脂), Fructus Psoraleae</td> <td>416 mg*</td> </tr> <tr> <td>tiān mén dōng (天门冬), Radix Asparagi</td> <td>416 mg*</td> </tr> <tr> <td>gōu qǐ zǐ (枸杞子), Fructus Lycii</td> <td>375 mg*</td> </tr> <tr> <td>suǒ yáng (锁阳), Herba Cynomorii</td> <td>375 mg*</td> </tr> <tr> <td>tú sǐ zǐ (菟丝子), Semen Cuscutae</td> <td>375 mg*</td> </tr> <tr> <td>yín yáng huò (淫羊藿), Herba Epimedii</td> <td>375 mg*</td> </tr> <tr> <td>shā rén (砂仁), Fructus Amomi</td> <td>375 mg*</td> </tr> <tr> <td>huái niú xī (怀牛膝), Radix Achyranthis Bidentatae</td> <td>375 mg*</td> </tr> <tr> <td>dǎng shēn (党参), Radix Codonopsis</td> <td>250 mg*</td> </tr> <tr> <td>rén shēn (人参), Radix Ginseng</td> <td>167 mg*</td> </tr> <tr> <td>gān cǎo (甘草), Radix Glycyrrhizae</td> <td>167 mg*</td> </tr> </tbody> </table> <p>*Daily value not established.</p> <p>Other ingredients: Grain alcohol (45-55% by volume), Deionized water Herb Strength Ratio: 1:1.2 (100 g/120 ml)</p>	Amount per serving, mg/5 ml		4165 mg		shú dì huáng (熟地黄), Radix Rehmanniae Praep.	500 mg*	bǔ gǔ zhī (补骨脂), Fructus Psoraleae	416 mg*	tiān mén dōng (天门冬), Radix Asparagi	416 mg*	gōu qǐ zǐ (枸杞子), Fructus Lycii	375 mg*	suǒ yáng (锁阳), Herba Cynomorii	375 mg*	tú sǐ zǐ (菟丝子), Semen Cuscutae	375 mg*	yín yáng huò (淫羊藿), Herba Epimedii	375 mg*	shā rén (砂仁), Fructus Amomi	375 mg*	huái niú xī (怀牛膝), Radix Achyranthis Bidentatae	375 mg*	dǎng shēn (党参), Radix Codonopsis	250 mg*	rén shēn (人参), Radix Ginseng	167 mg*	gān cǎo (甘草), Radix Glycyrrhizae	167 mg*
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TCM Applications: Tonifies kidney *yang*, tonifies spleen *qi*, benefits *jing*, nourishes the brain.

Comments: EMPEROR'S LONGEVITY FORMULA is based on a prescription developed for the Ming dynasty Emperor Jia Jing in 1541 as a health, fertility and longevity tonic. It is used for deficiency of *yang*, *jing*, and *mingmen* fire causing symptoms associated with aging, including mental or physical fatigue, weak lungs, cold extremities, poor memory or concentration, weak digestion, poor circulation, and weakened sexual function. It can also be used in women where deficiency of kidney *yang* and *jing* contributes to infertility, amenorrhea, cold damp vaginal discharges, or postpartum fatigue.

Ingredients:

<i>shú dì huáng</i> (熟地黄), Radix Rehmanniae Praep. ...	500 mg	12 %
<i>bǔ gǔ zhī</i> (补骨脂), Fructus Psoraleae.....	416	10
<i>tiān mén dōng</i> (天门冬), Radix Asparagi	416	10
<i>gōu qǐ zǐ</i> (枸杞子), Fructus Lycii	375	9
<i>bā jǐ tiān</i> (巴戟天), Radix Morindae Officinalis	375	9
<i>suǒ yáng</i> (锁阳), Herba Cynomorii	375	9
<i>yín yáng huò</i> (淫羊藿), Herba Epimedii	375	9
<i>shā rén</i> (砂仁), Fructus Amomi.....	375	9
<i>huái niú xī</i> (怀牛膝), Radix Achyranthis Bidentatae	375	9
<i>dǎng shēn</i> (党参), Radix Codonopsis	208	5
<i>rén shēn</i> (人参), Radix Ginseng	208	5
<i>gān cǎo</i> (甘草), Radix Glycyrrhizae.....	167	4

Total per dose

4165 mg

<p>SUGGESTED USE: Shake well before using.</p> <p>Dosage for adults: 1 teaspoon (5-6 squirts), 2-3 times per day. Add 1-2 inches of boiling water. Take away from food by at least 15 min.</p> <p>Manufactured for: Dr. Jake's Herbal Formulas Boulder, CO 80303 (303) 554-0722 www.DrJakeFratkin.com</p> <p>Made in USA with highest quality Chinese herbs, lab-tested to ensure no heavy metals, pharmaceuticals or chemicals.</p>	<p>DR. JAKE FRATKIN'S HERBAL FORMULAS</p> <p>GUM & TOOTH FORMULA</p>  <p>Herbal Supplement 4 fl oz (118 ml)</p>	<p>Supplement Facts Serving Size 1 tsp (5 ml, 100 drops) Servings Per Container 24</p> <table border="1"> <tr> <td>Amount per serving, mg/5 ml</td> <td>4167 mg</td> </tr> <tr> <td>shú dì huáng (熟地黄), Radix Rehmanniae Praep.</td> <td>500 mg*</td> </tr> <tr> <td>gǔ suǐ bǔ (骨碎补), Rhizoma Drynariae</td> <td>375 mg*</td> </tr> <tr> <td>bái zhǐ (白芷), Radix Angelicae Dahuricae</td> <td>333 mg*</td> </tr> <tr> <td>jī nài jīn (鸡内金), Endoth. Corneum Gigeriae Galli</td> <td>333 mg*</td> </tr> <tr> <td>jī xuè téng (鸡血藤), Caulis Spatholobi/Milletiae</td> <td>333 mg*</td> </tr> <tr> <td>lián qiào (连翘), Fructus Forsythiae</td> <td>333 mg*</td> </tr> <tr> <td>shēng má (升麻), Rhizoma Cimicifugae</td> <td>333 mg*</td> </tr> <tr> <td>bái zhú (白术), Rhizoma Atractylodis Macro.</td> <td>292 mg*</td> </tr> <tr> <td>dāng guī (当归), Radix Angelicae Sinensis</td> <td>292 mg*</td> </tr> <tr> <td>dì yú (地榆), Radix Sanguisorbae</td> <td>292 mg*</td> </tr> <tr> <td>huáng qín (黄芩), Radix Scutellariae</td> <td>292 mg*</td> </tr> <tr> <td>mài mén dōng (麦门冬), Radix Ophiopogonis</td> <td>292 mg*</td> </tr> <tr> <td>huáng lián (黄连), Rhizoma Coptidis</td> <td>167 mg*</td> </tr> </table> <p>*Daily value not established. Other ingredients: Grain alcohol (45-55% by volume), Deionized water Herb Strength Ratio: 1:1.2 (100 g/120 ml)</p>	Amount per serving, mg/5 ml	4167 mg	shú dì huáng (熟地黄), Radix Rehmanniae Praep.	500 mg*	gǔ suǐ bǔ (骨碎补), Rhizoma Drynariae	375 mg*	bái zhǐ (白芷), Radix Angelicae Dahuricae	333 mg*	jī nài jīn (鸡内金), Endoth. Corneum Gigeriae Galli	333 mg*	jī xuè téng (鸡血藤), Caulis Spatholobi/Milletiae	333 mg*	lián qiào (连翘), Fructus Forsythiae	333 mg*	shēng má (升麻), Rhizoma Cimicifugae	333 mg*	bái zhú (白术), Rhizoma Atractylodis Macro.	292 mg*	dāng guī (当归), Radix Angelicae Sinensis	292 mg*	dì yú (地榆), Radix Sanguisorbae	292 mg*	huáng qín (黄芩), Radix Scutellariae	292 mg*	mài mén dōng (麦门冬), Radix Ophiopogonis	292 mg*	huáng lián (黄连), Rhizoma Coptidis	167 mg*
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TCM Applications: Tonifies *qi*, regulates stomach and spleen, boosts blood, supports kidney *yang*, clears heat, stops bleeding.

Comments: GUM & TOOTH FORMULA helps repair and regenerate gum tissue and tooth integrity. It is indicated for chronic bleeding gums, or gums that are receding. To some extent, it helps bone and tooth integrity. The formula is taken over a period of several months to obtain good results. Rinse the mouth and gums with the prepared formula before swallowing.

Ingredients:

<i>shú dì huáng</i> (熟地黄), Radix Rehmanniae Praep. ...	500 mg	12 %
<i>gǔ suǐ bǔ</i> (骨碎补), Rhizoma Drynariae.....	375	9
<i>bái zhǐ</i> (白芷), Radix Angelicae Dahuricae.....	333	8
<i>jī nài jīn</i> (鸡内金), Endoth. Corneum Gigeriae Galli	333	8
<i>jī xuè téng</i> (鸡血藤), Caulis Spatholobi/Milletiae	333	8
<i>lián qiào</i> (连翘), Fructus Forsythiae.....	333	8
<i>shēng má</i> (升麻), Rhizoma Cimicifugae	333	8
<i>bái zhú</i> (白术), Rhizoma Atractylodis Macro.	292	7
<i>dāng guī</i> (当归), Radix Angelicae Sinensis.....	292	7
<i>dì yú</i> (地榆), Radix Sanguisorbae.....	292	7
<i>huáng qín</i> (黄芩), Radix Scutellariae.....	292	7
<i>mài mén dōng</i> (麦门冬), Radix Ophiopogonis	292	7
<i>huáng lián</i> (黄连), Rhizoma Coptidis	167	4
Total per dose	4167 mg	

SUGGESTED USE:
Shake well before using.

Adults and children 6 or above: 1 teaspoon (5-6 squirts), every 3 hours. Add 1-2 inches of boiling water. Take away from food by 15 minutes.

Children 2 to 5: 1 squirt (33 drops) for each year of age, plus one. Add boiling water. Add small amount of sweetener if necessary.

Children below 2:
Consult practitioner of Chinese herbal medicine.

Manufactured for:
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**DR. JAKE FRATKIN'S
HERBAL FORMULAS**

GZQ FORMULA

Gan Mao Ling • Zhong Gan Ling • Yin Qiao San



Herbal Supplement
4 fl oz (118 ml)

Supplement Facts

Serving Size 1 tsp (5 ml, 100 drops)
Servings Per Container 24

Amount per serving, mg/5 ml	
4164 mg	
gǎng méi gēn (岗梅根), Radix Ilex Asprellae	916 mg*
bǎn lán gēn (板蓝根), Radix Isatidis	500 mg
jīn yín huā (金银花), Flos Lonicerae Japonicae	416 mg*
lián qiào (连翘), Fructus Forsythiae	416 mg*
jīng jiè (荆芥), Herba Schizonepetae	333 mg
niú bàng zǐ (牛蒡子), Fructus Arctii	333 mg
gé gēn (葛根), Radix Puerariae Lobatae	333 mg
lú gēn (芦根), Rhizoma Phragmitis	333 mg
màn jīng zǐ (蔓荆子), Fructus Viticis	292 mg
xuán shēn (玄参), Radix Scrophulariae	292 mg*

*Daily value not established.

Other ingredients:
Grain alcohol (45-55% by volume), Deionized water

Herb Strength Ratio: 1:1.2 (100 g/120 ml)

TCM Applications: Clears heat toxins, dispels wind-heat, benefits sinus and throat.

Comments: GZQ FORMULA takes key ingredients from three popular Chinese herbal medicines for treating the common cold: *Gan Mao Ling*, *Zhong Gan Ling*, and *Yin Qiao San*. It is indicated for early or established symptoms of sore throat, nasal congestion or discharge, achy neck and shoulders. If cough appears, it can be combined with SVP Lung Formula. We have found that this formula is more effective than other cold remedies on the market. Dosages are taken every 3 hours as needed.

Ingredients

<i>gǎng méi gēn</i> (岗梅根), Radix Ilex Asprellae	916 mg	22 %
<i>bǎn lán gēn</i> (板蓝根), Radix Isatidis	500	12
<i>jīn yín huā</i> (金银花), Flos Lonicerae Japonicae	416	10
<i>lián qiào</i> (连翘), Fructus Forsythiae	416	10
<i>jīng jiè</i> (荆芥), Herba Schizonepetae	333	8
<i>niú bàng zǐ</i> (牛蒡子), Fructus Arctii	333	8
<i>gé gēn</i> (葛根), Radix Puerariae Lobatae	333	8
<i>lú gēn</i> (芦根), Rhizoma Phragmitis	333	8
<i>màn jīng zǐ</i> (蔓荆子), Fructus Viticis	292	7
<i>xuán shēn</i> (玄参), Radix Scrophulariae	292	7

Total per dose 4164 mg

SUGGESTED USE:
Shake well before using.

Dosage for adults: 1 teaspoon (5-6 squirts), 2-3 times per day. Add 1-2 inches of boiling water. Take away from food by at least 15 min.

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**DR. JAKE FRATKIN'S
HERBAL FORMULAS**

IMMUNE PLUS



Herbal Supplement
4 fl oz (118 ml)

Supplement Facts

Serving Size 1 tsp (5 ml, 100 drops)
Servings Per Container 24

Amount per serving, mg/5 ml	
4165 mg	
584 mg*	huáng qí (黄芪), Radix Astragal
458 mg*	fù zǐ shēn (太子参), Radix Pseudostellariae
458 mg*	fáng fēng (防风), Radix Saposhnikovia
458 mg*	bái zhú (白术), Rhizoma Atractylodis Macro
458 mg*	lián qiào (连翘), Fructus Forsythiae
458 mg*	bǎn ián gēn (板蓝根), Radix Isatis
458 mg*	huò xiāng (藿香), Herba Agastachis
417 mg*	jú huā (菊花), Flos Chrysanthemi
416 mg*	gān cǎo (甘草), Radix Glycyrrhizae

*Daily value not established.

Other ingredients:
Grain alcohol (45-55% by volume), Deionized water

Herb Strength Ratio: 1:1.2 (100 g/120 ml)


TCM Application: Boosts *zhong qi*, boosts *wei qi*, clears heat, resolves toxin.

Comments: IMMUNE PLUS follows the Chinese health ministries' recommendations for the prevention of flu or cold during risk of exposure, including entering crowded buildings, schools or airplanes. Also useful for recovery from cold or flu, and as part of hay fever allergy treatment or prevention. The formula is based on *Yu Ping San*, adding herbs that clear viral heat toxins leading to respiratory or digestive symptoms.

Ingredients:

<i>shú dì huáng</i> (熟地黄), Radix Rehmanniae Praep. ...	500 mg	12 %
<i>bǔ gǔ zhī</i> (补骨脂), Fructus Psoraleae.....	416	10
<i>tiān mén dōng</i> (天门冬), Radix Asparagi	416	10
<i>gōu qǐ zǐ</i> (枸杞子), Fructus Lycii	375	9
<i>suǒ yáng</i> (锁阳), Herba Cynomorii	375	9
<i>tù sī zǐ</i> (菟丝子), Semen Cuscutae.....	375	9
<i>yín yáng huò</i> (淫羊藿), Herba Epimedii	375	9
<i>shā rén</i> (砂仁), Fructus Amomi.....	375	9
<i>huái niú xī</i> (怀牛膝), Radix Achyranthis Bidentatae ...	375	9
<i>dǎng shēn</i> (党参), Radix Codonopsis	250	6
<i>rén shēn</i> (人参), Radix Ginseng	167	4
<i>gān cǎo</i> (甘草), Radix Glycyrrhizae.....	167	4

Total per dose 4166 mg

<p>SUGGESTED USE: Shake well before using.</p> <p>Dosage for adults: 1 teaspoon (5-6 squirts), 2-3 times per day. Add 1-2 inches of boiling water. Take away from food by at least 15 min.</p> <p>Manufactured for: Dr. Jake's Herbal Formulas Boulder, CO 80303 (303) 554-0722 www.DrJakeFratkin.com</p> <p>Made in USA with highest quality Chinese herbs, lab-tested to ensure no heavy metals, pharmaceuticals or chemicals.</p>	<p>DR. JAKE FRATKIN'S HERBAL FORMULAS</p> <p>KIDNEY DETOX FORMULA</p>  <p>Herbal Supplement 4 fl oz (118 ml)</p>	<p>Supplement Facts Serving Size 1 tsp (5 mL, 100 drops) Servings Per Container 24</p> <table border="1"> <tr> <td>Amount per serving, mg/5 ml</td> <td>4165 mg</td> </tr> <tr> <td>shú dì huáng (熟地黄), Radix Rehmanniae Praep.</td> <td>666 mg*</td> </tr> <tr> <td>fú líng (茯苓), Poria</td> <td>625 mg*</td> </tr> <tr> <td>bái zhú (白术), Rhizoma Atractylodis Macro.</td> <td>458 mg*</td> </tr> <tr> <td>huáng bǎi (黄柏), Cortex Phellodendri Chinensis</td> <td>458 mg*</td> </tr> <tr> <td>zé xiè (泽泻), Rhizoma Alismatis</td> <td>458 mg*</td> </tr> <tr> <td>huá shí (滑石), Talcum</td> <td>458 mg*</td> </tr> <tr> <td>chē qián zǐ (车前子), Semen Plantaginis</td> <td>458 mg*</td> </tr> <tr> <td>shān zhū yú (山茱萸), Fructus Corni</td> <td>292 mg*</td> </tr> <tr> <td>qiàn shí (芡实), Semen Euryales</td> <td>292 mg*</td> </tr> </table> <p>*Daily value not established.</p> <p>Other ingredients: Grain alcohol (45-55% by volume), Deionized water Herb Strength Ratio: 1:1.2 (100 g/120 ml)</p>	Amount per serving, mg/5 ml	4165 mg	shú dì huáng (熟地黄), Radix Rehmanniae Praep.	666 mg*	fú líng (茯苓), Poria	625 mg*	bái zhú (白术), Rhizoma Atractylodis Macro.	458 mg*	huáng bǎi (黄柏), Cortex Phellodendri Chinensis	458 mg*	zé xiè (泽泻), Rhizoma Alismatis	458 mg*	huá shí (滑石), Talcum	458 mg*	chē qián zǐ (车前子), Semen Plantaginis	458 mg*	shān zhū yú (山茱萸), Fructus Corni	292 mg*	qiàn shí (芡实), Semen Euryales	292 mg*
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TCM Application: Boosts kidney *qi*, nourishes kidney *yin*, clears kidney heat to preserve fluid, promotes kidney function of regulating water.

Comments: KIDNEY DETOX FORMULA has been developed to aid kidney detoxification of environmental toxins (both heavy metals and chemical poisons). It regulates the kidney by moving dampness and clearing kidney heat due to free radical inflammation. The formula is also an excellent regulator of kidney function within TCM.

Ingredients:

<i>shú dì huáng</i> (熟地黄), Radix Rehmanniae Praep. ...	666 mg	16 %
<i>fú líng</i> (茯苓), Poria.....	625	15
<i>bái zhú</i> (白术), Rhizoma Atractylodis Macro.	458	11
<i>huáng bǎi</i> (黄柏), Cortex Phellodendri Chinensis.....	458	11
<i>zé xiè</i> (泽泻), Rhizoma Alismatis.....	458	11
<i>huá shí</i> (滑石), Talcum	458	11
<i>chē qián zǐ</i> (车前子), Semen Plantaginis.....	458	11
<i>shān zhū yú</i> (山茱萸), Fructus Corni	292	7
<i>qiàn shí</i> (芡实), Semen Euryales.....	292	7

Total per dose 4165 mg

SUGGESTED USE:
Shake well before using.

Dosage for adults: 1 teaspoon
(5-6 squirts), 2-3 times per day.
Add 1-2 inches of boiling water.
Take away from food by at least 15 min.


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**DR. JAKE FRATKIN'S
HERBAL FORMULAS**

**LIVER DETOX
FORMULA**



Herbal Supplement
4 fl oz (118 ml)

Supplement Facts
Serving Size 1 tsp (5 mL, 100 drops)
Servings Per Container 24

Amount per serving, mg/5 mL	
4164 mg	
dāng guī (当归), Radix Angelicae Sinensis	583 mg*
bái zhú (白术), Rhizoma Atractylodis Macro	541 mg*
huáng qín (黄芩), Radix Scutellariae	541 mg*
bái sháo (白芍), Radix Paeoniae Alba	458 mg*
xiāng fù (香附), Rhizoma Cyperi	458 mg*
yù jīn (郁金), Radix Curcumae	458 mg*
wǔ wèi zǐ (五味子), Fructus Schisandrae	375 mg*
gōu qǐ zǐ (枸杞子), Fructus Lycii	375 mg*
mài mén dōng (麦门冬), Radix Ophiopogonis	375 mg*

*Daily value not established.

Other ingredients:
Grain alcohol (45-55% by volume), Deionized water

Herb Strength Ratio: 1:1.2 (100 g/120 ml)

TCM Application: Soothes liver *qi*, moves liver blood, tonifies liver blood, nourishes liver *yin*, clears liver heat.

Comments: LIVER DETOX FORMULA promotes Phase 1 and Phase 2 liver detoxification of environmental toxins and heavy metals by normalizing TCM functions of the liver. Environmental toxins are ubiquitous in the food, air and water, and include plastics, phthalates, solvents, pesticides, and herbicides. The formula is also an excellent regulator of liver function according to TCM, and can be used for gynecological disorders due to liver dysregulation, and liver enzyme elevation due to infection.

Ingredients:

<i>dāng guī</i> (当归), Radix Angelicae Sinensis.....	583 mg	14 %
<i>bái zhú</i> (白术), Rhizoma Atractylodis Macro.	541	13
<i>huáng qín</i> (黄芩), Radix Scutellariae	541	13
<i>bái sháo</i> (白芍), Radix Paeoniae Alba.....	458	11
<i>xiāng fù</i> (香附), Rhizoma Cyperi.....	458	11
<i>yù jīn</i> (郁金), Radix Curcumae	458	11
<i>wǔ wèi zǐ</i> (五味子), Fructus Schisandrae	375	9
<i>gōu qǐ zǐ</i> (枸杞子), Fructus Lycii	375	9
<i>mài mén dōng</i> (麦门冬), Radix Ophiopogonis	375	9

Total per dose 4164 mg

SUGGESTED USE:
Shake well before using.


Dosage for adults: 1 teaspoon (5-6 squirts), 2-3 times per day. Add 1-2 inches of boiling water. Take away from food by at least 15 min.

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**DR. JAKE FRATKIN'S
HERBAL FORMULAS**

**PREMENSTRUAL
FORMULA**



Herbal Supplement
4 fl oz (118 ml)

Supplement Facts

Serving Size 1 tsp (5 ml, 100 drops)
Servings Per Container 24

Amount per serving, mg/5 ml	
4161 mg	
416 mg*	chái hú (柴胡), Radix Bupleuri
416 mg*	dāng guī (当归), Radix Angelicae Sinensis
416 mg*	wáng bù liú xíng (王不留行), Semen Vaccariae
416 mg*	xiāng fù (香附), Rhizoma Cyperi
416 mg*	yù jīn (郁金), Radix Curcumae
416 mg*	zhī zǐ (栀子), Fructus Gardeniae
333 mg*	bái sháo (白芍), Radix Paeoniae Alba
333 mg*	chuān xiōng (川芎), Rhizoma Ligustici Chuanxiong
333 mg*	mǔ dān pí (牡丹皮), Cortex Moutan
333 mg*	qīng pí (青皮), Pericarpium Citri Retic. Viride
333 mg*	xià kū cǎo (夏枯草), Spica Prunellae

*Daily value not established.

Other ingredients:
Grain alcohol (45-55% by volume), Deionized water
Herb Strength Ratio: 1:1.2 (100 g/120 ml)

TCM Applications: Soothes liver *qi* and blood, clears liver heat, calms *shen*, opens the liver channel to benefit breast and head.


Comments: PREMENSTRUAL FORMULA addresses premenstrual syndrome. In Chinese medicine, this is due to liver stagnation with heat, leading to symptoms in the breast, eyes and head. When the liver loses its ability to distribute blood to the muscles, tension and irritability follow. This hormone-free approach is also useful for infertility due to liver stasis with heat. In general, the Premenstrual Formula is used between ovulation and menses, and *Women's Hair Formula*, a blood builder, can be used following the period, between menses and ovulation.

Ingredients:

<i>chái hú</i> (柴胡), Radix Bupleuri	416 mg	10 %
<i>dāng guī</i> (当归), Radix Angelicae Sinensis.....	416	10
<i>wáng bù liú xíng</i> (王不留行), Semen Vaccariae	416	10
<i>xiāng fù</i> (香附), Rhizoma Cyperi.....	416	10
<i>yù jīn</i> (郁金), Radix Curcumae	416	10
<i>zhī zǐ</i> (栀子), Fructus Gardeniae.....	416	10
<i>bái sháo</i> (白芍), Radix Paeoniae Alba.....	333	8
<i>chuān xiōng</i> (川芎), Rhizoma Ligustici Chuanxiong	333	8
<i>mǔ dān pí</i> (牡丹皮), Cortex Moutan.....	333	8
<i>qīng pí</i> (青皮), Pericarpium Citri Retic. Viride....	333	8
<i>xià kū cǎo</i> (夏枯草), Spica Prunellae	333	8

Total per dose

4161 mg

<p>SUGGESTED USE: Shake well before using.</p> <p>Dosage for adults: 1 teaspoon (5-6 squirts), 2-3 times per day. Add 1-2 inches of boiling water. Take away from food by at least 15 min.</p> <p>Manufactured for: Dr. Jake's Herbal Formulas Boulder, CO 80303 (303) 554-0722 www.DrJakeFratkin.com</p> <p>Made in USA with highest quality Chinese herbs, lab-tested to ensure no heavy metals, pharmaceuticals or chemicals.</p>	<p>DR. JAKE FRATKIN'S HERBAL FORMULAS</p> <p>PROSTATE FORMULA</p>  <p>Herbal Supplement 4 fl oz (118 ml)</p>	<p>Supplement Facts</p> <p>Serving Size 1 tsp (5 ml, 100 drops) Servings Per Container 24</p> <table border="1"> <thead> <tr> <th>Amount per serving, mg/5 ml</th> <th></th> </tr> </thead> <tbody> <tr> <td>4168 mg</td> <td></td> </tr> <tr> <td>458 mg*</td> <td>huáng qí (黄芪), Radix Astragali</td> </tr> <tr> <td>458 mg*</td> <td>fú líng (茯苓), Poria</td> </tr> <tr> <td>417 mg*</td> <td>bǔ gǔ zhī (补骨脂), Fructus Psoraleae</td> </tr> <tr> <td>417 mg*</td> <td>chē qián cǎo (车前草), Herba Plantaginis</td> </tr> <tr> <td>417 mg*</td> <td>chì sháo (赤芍), Paeoniae Rubra</td> </tr> <tr> <td>417 mg*</td> <td>hǔ pò (琥珀), Succinum</td> </tr> <tr> <td>417 mg*</td> <td>mò yào (没药), Myrrha</td> </tr> <tr> <td>417 mg*</td> <td>táo rén (桃仁), Semen Persicae</td> </tr> <tr> <td>417 mg*</td> <td>wáng bù liú xíng (王不留行), Semen Vaccariae</td> </tr> <tr> <td>333 mg*</td> <td>ròu guì (肉桂), Cortex Cinnamomi</td> </tr> </tbody> </table> <p>*Daily value not established.</p> <p>Other ingredients: Grain alcohol (45-55% by volume), Deionized water</p> <p>Herb Strength Ratio: 1:1.2 (100 g/120 ml)</p>	Amount per serving, mg/5 ml		4168 mg		458 mg*	huáng qí (黄芪), Radix Astragali	458 mg*	fú líng (茯苓), Poria	417 mg*	bǔ gǔ zhī (补骨脂), Fructus Psoraleae	417 mg*	chē qián cǎo (车前草), Herba Plantaginis	417 mg*	chì sháo (赤芍), Paeoniae Rubra	417 mg*	hǔ pò (琥珀), Succinum	417 mg*	mò yào (没药), Myrrha	417 mg*	táo rén (桃仁), Semen Persicae	417 mg*	wáng bù liú xíng (王不留行), Semen Vaccariae	333 mg*	ròu guì (肉桂), Cortex Cinnamomi
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333 mg*	ròu guì (肉桂), Cortex Cinnamomi																									

TCM Applications: Tonifies *qi*, invigorates blood, benefits the movement of urine, resolves swelling and dissipates masses.

Comments: PROSTATE FORMULA addresses benign prostatic hypertrophy (BPH), and is based on the effective *Kai Kit* (*jiě jiē*, 解结) formulas. It is used for chronic swollen prostate due to deficiency with symptoms of frequent urination, nocturnal urination, or urinary dribbling, often accompanied with inguinal pressure or sensation. It is not indicated for acute prostatic infection or prostate cancer.

Ingredients:

<i>huáng qí</i> (黄芪), Radix Astragali	458 mg	11 %
<i>fú líng</i> (茯苓), Poria.	458	11
<i>bǔ gǔ zhī</i> (补骨脂), Fructus Psoraleae	417	10
<i>chē qián cǎo</i> (车前草), Herba Plantaginis.....	417	10
<i>chì sháo</i> (赤芍), Paeoniae Rubra.....	417	10
<i>hǔ pò</i> (琥珀), Succinum	417	10
<i>mò yào</i> (没药), Myrrha	417	10
<i>táo rén</i> (桃仁), Semen Persicae	417	10
<i>wáng bù liú xíng</i> (王不留行), Semen Vaccariae	417	10
<i>ròu guì</i> (肉桂), Cortex Cinnamomi.....	333	8

Total per dose 4168 mg

SUGGESTED USE:
Shake well before using.

Dosage for adults: 1 teaspoon (5-6 squirts), every 3 hours as needed.
Add 1-2 inches of boiling water.
Safe during pregnancy.
Take away from food by at least 15 min.

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**DR. JAKE FRATKIN'S
HERBAL FORMULAS**

**SIMPLEX-ZOSTER
FORMULA**



Herbal Supplement
4 fl oz (118 ml)

Supplement Facts

Serving Size 1 tsp (5 ml, 100 drops)
Servings Per Container 24

Amount per serving, mg/5 ml	
4160 mg	
chái hú (柴胡), Radix Bupleuri	416 mg*
zhī zǐ (栀子), Fructus Gardeniae	416 mg*
huáng qín (黄芩), Radix Scutellariae	416 mg*
bǎn lán gēn (板蓝根), Radix Isatidis	416 mg*
dà qīng yè (大青叶), Folium Isatidis	416 mg*
zǐ huā dì dīng (紫花地丁), Herba Viola	416 mg*
chuān mù tōng (川木通), Caulis Clematidis Armandii	416 mg*
zé xiè (泽泻), Rhizoma Alismatis	416 mg*
chuān liàn zǐ (川楝子), Fructus Meliae Toosendan	416 mg*
chì sháo (赤芍), Radix Paeoniae Rubra	416 mg*

*Daily value not established.

Other ingredients:
Grain alcohol (45-55% by volume), Deionized water
Herb Strength Ratio: 1:1.2 (100 g/120 ml)

TCM Applications: Clears heat, resolves toxin, moves liver *qi* and blood, clears liver fire affecting liver and gallbladder channels.

Comments: SIMPLEX-ZOSTER FORMULA is used for genital and oral herpes, and shingles. Both *herpes simplex* and *varicella zoster* (shingles) involve activation of the virus to the surface, causing painful, itching or blistering lesions. *Herpes simplex* travels along the liver channel (eyes, mouth, lips, genital region), while *Varicella zoster* travels along the gallbladder channel, affecting the costal region and buttocks. Certain herbs in the formula have antiviral effects, while other herbs specifically target fire in the liver and gallbladder channels. Use during acute outbreaks, dosing 3 x day.

Ingredients:

<i>chái hú</i> (柴胡), Radix Bupleuri.....	416 mg	10 %
<i>zhī zǐ</i> (栀子), Fructus Gardeniae	416	10
<i>huáng qín</i> (黄芩), Radix Scutellariae.....	416	10
<i>bǎn lán gēn</i> (板蓝根), Radix Isatidis	416	10
<i>dà qīng yè</i> (大青叶), Folium Isatidis	416	10
<i>zǐ huā dì dīng</i> (紫花地丁), Herba Viola.....	416	10
<i>chuān mù tōng</i> (川木通), Caulis Clematidis Armandii	416	10
<i>zé xiè</i> (泽泻), Rhizoma Alismatis.....	416	10
<i>chuān liàn zǐ</i> (川楝子), Fructus Meliae Toosendan ...	416	10
<i>chì sháo</i> (赤芍), Radix Paeoniae Rubra	416	10

Total per dose

4160 mg

<p>SUGGESTED USE: Shake well before using. Adults and children 6 or above: 1 teaspoon (5-6 squirts), every 3 hours. Add 1-2 inches of boiling water. Take away from food by 15 minutes. Children 2 to 5: 1 squirt (33 drops) for each year of age, plus one. Add boiling water. Add small amount of sweetener if necessary. Children below 2: Consult practitioner of Chinese herbal medicine.</p> <p>Manufactured for: Dr. Jake's Herbal Formulas Boulder, CO 80303 (303) 554-0722 www.DrJakeFratkin.com</p> <p>Made in USA with highest quality Chinese herbs, lab-tested to ensure no heavy metals, pharmaceuticals or chemicals.</p>	<p>DR. JAKE FRATKIN'S HERBAL FORMULAS</p> <p>SVP LUNG FORMULA</p>  <p>Herbal Supplement 4 fl oz (118 ml)</p>	<p>Supplement Facts Serving Size 1 tsp (5 ml, 100 drops) Servings Per Container 24</p> <table border="1"> <thead> <tr> <th>Amount per serving, mg/5 ml</th> <th></th> </tr> </thead> <tbody> <tr> <td>4168 mg</td> <td></td> </tr> <tr> <td>bǎn lán gēn (板蓝根), Radix Isatidis</td> <td>375 mg</td> </tr> <tr> <td>shè gān (射干), Rhizoma Belamcandae</td> <td>375 mg</td> </tr> <tr> <td>zhè bèi mǔ (浙贝母), Bulbus Fritillariae Thunbergii</td> <td>375 mg</td> </tr> <tr> <td>guā lóu (瓜蒌), Fructus Trichosanthis</td> <td>375 mg</td> </tr> <tr> <td>zhī zǐ (栀子), Fructus Gardeniae</td> <td>292 mg</td> </tr> <tr> <td>qián hú (前胡), Radix Peucedani</td> <td>292 mg</td> </tr> <tr> <td>huáng qín (黄芩), Radix Scutellariae</td> <td>292 mg</td> </tr> <tr> <td>bǎi bù (百部), Radix Stemonae</td> <td>292 mg</td> </tr> <tr> <td>xìng rén (杏仁), Semen Armeniacae Amarum</td> <td>250 mg</td> </tr> <tr> <td>tiān mén dōng (天门冬), Radix Asparagi</td> <td>250 mg</td> </tr> <tr> <td>qīng pí (青皮), Pericarpium Citri Reticulatae</td> <td>250 mg</td> </tr> <tr> <td>gān cǎo (甘草), Radix Glycyrrhizae</td> <td>250 mg</td> </tr> <tr> <td>sāng bái pí (桑白皮), Cortex Mori</td> <td>250 mg</td> </tr> <tr> <td>jié gěng (桔梗), Radix Platycodonis</td> <td>250 mg</td> </tr> </tbody> </table> <p><small>*Daily value not established.</small></p> <p><small>Other ingredients: Grain alcohol (45-55% by volume), Deionized water Herb Strength Ratio: 1:1.2 (100 g/120 ml)</small></p>	Amount per serving, mg/5 ml		4168 mg		bǎn lán gēn (板蓝根), Radix Isatidis	375 mg	shè gān (射干), Rhizoma Belamcandae	375 mg	zhè bèi mǔ (浙贝母), Bulbus Fritillariae Thunbergii	375 mg	guā lóu (瓜蒌), Fructus Trichosanthis	375 mg	zhī zǐ (栀子), Fructus Gardeniae	292 mg	qián hú (前胡), Radix Peucedani	292 mg	huáng qín (黄芩), Radix Scutellariae	292 mg	bǎi bù (百部), Radix Stemonae	292 mg	xìng rén (杏仁), Semen Armeniacae Amarum	250 mg	tiān mén dōng (天门冬), Radix Asparagi	250 mg	qīng pí (青皮), Pericarpium Citri Reticulatae	250 mg	gān cǎo (甘草), Radix Glycyrrhizae	250 mg	sāng bái pí (桑白皮), Cortex Mori	250 mg	jié gěng (桔梗), Radix Platycodonis	250 mg
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TCM Applications: Clears lung heat, clears heat-toxin, dispels wind-heat, moistens lung *yin*, resolves phlegm.

Comments: SVP LUNG FORMULA (“sticky, viral phlegm”) is used for early or middle presentations of acute cough. Symptoms include a harsh or hacking cough, with small amounts of phlegm. This is the most common presentation of early cough, often following onset of a common cold. Certain antiviral herbs chase the causative agent. It can also be used for pertussis and smoker’s cough.

Ingredients:

<i>bǎn lán gēn</i> (板蓝根), Radix Isatidis	375 mg	9%
<i>shè gān</i> (射干), Rhizoma Belamcandae.....	375	9
<i>zhè bèi mǔ</i> (浙贝母), Bulbus Fritillariae Thunbergii	375	9
<i>guā lóu</i> (瓜蒌), Fructus Trichosanthis.....	375	9
<i>zhī zǐ</i> (栀子), Fructus Gardeniae	292	7
<i>qián hú</i> (前胡), Radix Peucedani.....	292	7
<i>huáng qín</i> (黄芩), Radix Scutellariae.....	292	7
<i>bǎi bù</i> (百部), Radix Stemonae	292	7
<i>xìng rén</i> (杏仁), Semen Armeniacae Amarum.....	250	6
<i>tiān mén dōng</i> (天门冬), Radix Asparagi	250	6
<i>qīng pí</i> (青皮), Pericarpium Citri Reticulatae.....	250	6
<i>gān cǎo</i> (甘草), Radix Glycyrrhizae.....	250	6
<i>sāng bái pí</i> (桑白皮), Cortex Mori	250	6
<i>jié gěng</i> (桔梗), Radix Platycodonis.....	250	6

Total per dose

4168 mg

<p>SUGGESTED USE: Shake well before using. Adults and children 6 or above: 1 teaspoon (5-6 squirts), every 3 hours. Add 1-2 inches of boiling water. Take away from food by 15 minutes. Children 2 to 5: 1 squirt (33 drops) for each year of age, plus one. Add boiling water. Add small amount of sweetener if necessary. Children below 2: Consult practitioner of Chinese herbal medicine.</p> <p>Manufactured for: Dr. Jake's Herbal Formulas Boulder, CO 80303 (303) 554-0722 www.DrJakeFratkin.com</p> <p>Made in USA with highest quality Chinese herbs, lab-tested to ensure no heavy metals, pharmaceuticals or chemicals.</p>	<p>DR. JAKE FRATKIN'S HERBAL FORMULAS</p> <p>TONSIL-LYMPH FORMULA</p>  <p>Herbal Supplement 4 fl oz (118 ml)</p>	<p>Supplement Facts Serving Size 1 tsp (5 ml, 100 drops) Servings Per Container 24</p> <table border="1"> <thead> <tr> <th>Amount per serving, mg/5 ml</th> <th></th> </tr> </thead> <tbody> <tr> <td>4165 mg</td> <td></td> </tr> <tr> <td>niú bàng zǐ (柴胡), Radix Bupleuri</td> <td>500 mg*</td> </tr> <tr> <td>chái hú (牛蒡子), Fructus Arctii</td> <td>500 mg*</td> </tr> <tr> <td>huáng qín (黄芩), Radix Scutellariae</td> <td>500 mg*</td> </tr> <tr> <td>xuán shēn (玄参), Radix Scrophulariae</td> <td>500 mg*</td> </tr> <tr> <td>shè gān (射干), Rhizoma Belamcandae</td> <td>500 mg*</td> </tr> <tr> <td>bǎn lán gēn (板蓝根), Radix Isatidis</td> <td>500 mg*</td> </tr> <tr> <td>chì sháo (赤芍), Radix Paeoniae Rubra</td> <td>416 mg*</td> </tr> <tr> <td>jié gěng (桔梗), Radix Platycodonis</td> <td>416 mg*</td> </tr> <tr> <td>huáng lián (黄连), Rhizoma Coptidis</td> <td>333 mg*</td> </tr> </tbody> </table> <p>*Daily value not established.</p> <p>Other ingredients: Grain alcohol (45-55% by volume), Deionized water Herb Strength Ratio: 1:1.2 (106 g/120 ml)</p>	Amount per serving, mg/5 ml		4165 mg		niú bàng zǐ (柴胡), Radix Bupleuri	500 mg*	chái hú (牛蒡子), Fructus Arctii	500 mg*	huáng qín (黄芩), Radix Scutellariae	500 mg*	xuán shēn (玄参), Radix Scrophulariae	500 mg*	shè gān (射干), Rhizoma Belamcandae	500 mg*	bǎn lán gēn (板蓝根), Radix Isatidis	500 mg*	chì sháo (赤芍), Radix Paeoniae Rubra	416 mg*	jié gěng (桔梗), Radix Platycodonis	416 mg*	huáng lián (黄连), Rhizoma Coptidis	333 mg*
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TCM Applications: Clears heat, resolves toxins, dispels pathogenic wind, cools the blood, moistens the throat.

Comments: This formula addresses strep throat, tonsillitis and swollen lymph glands in the neck. It is based on the historic formula *Pu Ji Xiao Du Yin* with modifications. *Huang lian*, *huang qin*, *xuan shen* clear heat-toxins due to bacteria, while *ban lan gen* and *she gan* clear heat-toxins due to virus.

The synergistic combination of *chai hu*, *ma bo* and *xuan shen* addresses swollen lymph glands. *Niu bang zi* is specific for sore throat.

Ingredients:

<i>niú bàng zǐ</i> (柴胡), Radix Bupleuri.....	500 mg	12 %
<i>chái hú</i> (牛蒡子), Fructus Arctii.....	500	12
<i>huáng qín</i> (黄芩), Radix Scutellariae.....	500	12
<i>xuán shēn</i> (玄参), Radix Scrophulariae.....	500	12
<i>shè gān</i> (射干), Rhizoma Belamcandae.....	500	12
<i>bǎn lán gēn</i> (板蓝根), Radix Isatidis	500	12
<i>chì sháo</i> (赤芍), Radix Paeoniae Rubra	416	10
<i>jié gěng</i> (桔梗), Radix Platycodonis.....	416	10
<i>huáng lián</i> (黄连), Rhizoma Coptidis	333	8
Total per dose	4165 mg	

SUGGESTED USE:
Shake well before using.

Dosage for adults: 1 teaspoon (5-6 squirts), 2-3 times per day. Add 1-2 inches of boiling water. Take away from food by at least 15 min.

Manufactured for:
Dr. Jake's Herbal Formulas
Boulder, CO 80303
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Made in USA with highest quality Chinese herbs, lab-tested to ensure no heavy metals, pharmaceuticals or chemicals.

**DR. JAKE FRATKIN'S
HERBAL FORMULAS**

**WOMEN'S HAIR
FORMULA**



Herbal Supplement
4 fl oz (118 ml)

Supplement Facts

Serving Size 1 tsp (5 ml, 100 drops)
Servings Per Container 24

Amount per serving, mg/5 mL	
4237 mg	
hé shǒu wú (何首乌), Radix Polygoni Multiflori	720 mg*
shú dì huáng (熟地黄), Rad. Rehmanniae Prep	677 mg*
dāng guī (当归), Radix Angelicae Sinensis	381 mg*
gǒu qǐ zǐ (枸杞子), Fructus Lycii	339 mg*
bǔ gǔ zhī (补骨脂), Fructus Psoraleae	339 mg*
bái sháo (白芍), Radix Paeoniae Alba	297 mg*
hàn lián cǎo (旱莲草), Herba Ecliptae	297 mg*
nǚ zhēn zǐ (女贞子), Fructus Ligustri Lucidi	297 mg*
hóng huā (红花), Flos Carthami	254 mg*
tiān má (天麻), Rhizoma Gastrodiae	212 mg*
chuān xiōng (川芎), Rhiz. Ligustici Chuanxióng	212 mg*
qiāng huó (羌活), Radix Notopterygii	212 mg*

*Daily value not established.

Other ingredients:
Grain alcohol (45-55% by volume), Deionized water

Herb Strength Ratio: 1:1.2 (100 g/120 ml)

TCM Application: Boosts and moves blood, tonifies liver *yin* and blood, boosts kidney *qi*, takes formula to scalp.

Comments: This formula is based on popular Chinese formulas. It is used for gradual loss of hair in women, often after the age of 40 when kidney *qi* begins to diminish. The Chinese say, “Blood is the root of hair”, and this formula richly boosts blood quality, promoting thicker and stronger hair. Not effective for familial baldness in men, or for severe cases of alopecia.

Ingredients:

<i>hé shǒu wū</i> (何首乌), Radix Polygoni Multiflori.	720 mg	17 %
<i>shú dì huáng</i> (熟地黄), Rad. Rehmanniae Prep.	677	16
<i>dāng guī</i> (当归), Radix Angelicae Sinensis	381	9
<i>gǒu qǐ zǐ</i> (枸杞子), Fructus Lycii.....	339	8
<i>bǔ gǔ zhī</i> (补骨脂), Fructus Psoraleae.....	339	8
<i>bái sháo</i> (白芍), Radix Paeoniae Alba.....	297	7
<i>hàn lián cǎo</i> (旱莲草), Herba Ecliptae.....	297	7
<i>nǚ zhēn zǐ</i> (女贞子), Fructus Ligustri Lucidi.....	297	7
<i>hóng huā</i> (红花), Flos Carthami	254	6
<i>tiān má</i> (天麻), Rhizoma Gastrodiae	212	5
<i>chuān xiōng</i> (川芎), Rhiz. Ligustici Chuanxióng..	212	5
<i>qiāng huó</i> (羌活), Radix Notopterygii.....	212	5

Total per dose 4237 mg

JAKE PAUL FRATKIN, OMD, L.Ac. trained in Korean, Japanese and Chinese styles of acupuncture since 1975, and Chinese herbal medicine since 1982. He is the author of *Chinese Herbal Patent Medicines* (2001), the editor-organizer of Wu and Fisher's *Practical Therapeutics of Traditional Chinese Medicine* (1997), and co-author, with Zeng Shengping, of *Case Studies in Autoimmune Disorders*. (People's Medical Publishing House, 2014).

His newest book, *Essential Chinese Formulas* (2014) revises, updates and replaces CHPM as the definitive guide to available GMP Chinese herbal products,

ESSENTIAL CHINESE FORMULAS

For excerpts and more, see: www.drjakefratkin.com/Essential-Chinese-Formulas

