

Pediatrics: Treating the Most Common Respiratory and Digestive Disorders

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PART 2 TREATMENT OF COMMON RESPIRATORY DISORDERS

1. Cold, Flu and Fever
2. Throat Infections
3. Ear Infections
4. Cough
5. Boosting the Immune System

1. COLD, FLU AND FEVER

a) TAIYANG STAGE - Exterior

1) Wind-Cold

gui zhi tang

CINNAMON COMBINATION

2) Wind-Heat

yin qiao san

LONICERA & FORSYTHIA FORMULA

gan mao ling

LONICERA COMPLEX (EVG)

CHILDREN'S CLEAR AND RELEASE FORMULA (GF)

GZQ COLD FORMULA (DR-JF)

3) Heat Toxin

HERBAL ABX (EVG)

CLEAR TOXIN (DR-JF)

4) Nasal Presentation

Patent Medicines

*bi min gan wan**bi tong wan**bi yan wan**qing bi tong*

PUERARIA NASAL COMBINATION

MAGNOLIA CLEAR SINUS (EVG)

PUERARIA CLEAR SINUS (EVG)

b) YANGMING STAGE - High Fever*bai hu tang*

GYPSUM COMBINATION

[liang ge san]

FORSYTHIA & RHUBARB FORMULA

c) SHAOYANG STAGE – lymphatic swelling*pu ji xiao du yin*

SCUTE & CIMICIFUGA COMBINATION

2. THROAT INFECTIONS*huang lian jie du tang*

COPTIS & SCUTE COMBINATION

huang lian shang qing wan

COPTIS, PHELLODENDRON & MINT FORMULA

[GUILIN WATERMELON FROST SPRAY]

3. EAR INFECTIONS

HERBAL ENT (EVG)

CHILDREN'S EAR FORMULA (GF)

4. COUGH

“PLOTING A COUGH”

a) Wind-Heat

sang ju yin

MORUS AND CHRYSANTHEMUM COMBINATION

b) Lung Fire

RESPITROL (HEAT) (EVG)

BELAMCANDA 15 (SF)

c) Phlegm-Heat Cough

1) Copious Phlegm-Heat

qing qi hua tan tang

PINELLIA & SCUTE FORMULA

2) Sticky Phlegm-Heat

qing fei tang

PLATYCODON & FRITILLARIA COMBINATION

CHILDREN'S LUNG CLEAR FORMULA (GF)

SVP LUNG FORMULA (DR-JF)

3) Syrups

LOQUAT & FRITILLARY EXTRACT (PM)

HSIAO KEH CHUAN: SPECIAL MEDICINE (PM)

d) Phlegm-Damp Cough

RESPITROL (COLD) (EVG)

e) Deficiency of Lung Yin

bai he gu jin tang

sha shen mai dong tang

4. BOOSTING THE IMMUNE SYSTEM

yu ping feng san

ASTRAGALUS & SILER FORMULA

Astragalus *Huang Qi*

ASTRAGALI EXTRACT (PM)

CORDYCEPS 3 (EVG)

IMMUNE + (EVG)

CHILDREN'S JADE DEFENSE (GF)

IMMUNE PLUS (DR-JF)

THE FORMULAS

GUI ZHI TANG

CINNAMON COMBINATION

gui zhi tang • "Cinnamomum Decoction"

Origin: Zhang Zhong-Jing, 220 (1)

<i>Gui Zhi</i> (Ramulus Cinnamomi)	22.2 %	BA
<i>Bai Shao</i> (Radix Paeoniae Alba)	22.2	AB
<i>Sheng Jiang</i> (Rz Zingiberis Recens)	22.2	BA
<i>Da Zao</i> (Fructus Jujubae)	18.5	AA
<i>Zhi Gan Cao</i> (Rx/Rz Glycyrrhizae Prep)	14.8	AA

YIN QIAO SAN

LONICERA & FORSYTHIA FORMULA

yin qiao san • “Lonicera, Forsythia Powder”

yin qiao jie du wan • “Lonicera, Forsythia Resolve Toxin Pills”

Origin: Wu Ju-Tang, 1798

<i>Jin Yin Hua</i> (Flos Lonicerae)	16.7 %	DD
<i>Lian Qiao</i> (Fructus Forsythiae)	16.7	DD
<i>Jie Geng</i> (Radix Platycodonis)	10.0	CA
<i>Niu Bang Zi</i> (Fructus Arctii)	10.0	BB
<i>Bo He</i> (Herba Menthae)	10.0	BB
<i>Gan Cao</i> (Rx/Rz Glycyrrhizae)	8.3	AA
<i>Dan Dou Chi</i> (Semen Sojae Prep)	8.3	BB
<i>Dan Zhu Ye</i> (Herba Lophatheri)	6.7	DA
<i>Jing Jie</i> (Herba Schizonepetae)	6.7	BA
<i>Lu Gen</i> (Rhizoma Phragmitis)	6.7	DA

GAN MAO LING

gan mao ling • “Common Cold Effective-Remedy”

Origin: Modern Chinese patent medicine

<i>Gang Mei Gen</i> (Radix Ilicis Asprellae)	34.3 %	DD
<i>San Cha Ku</i> (Radix Evodiae Leptae)	21.7	DD
<i>Huang Jing Cao</i> (Herba Viticis Negundinis)	13.0	BB
<i>Ju Hua</i> (Flos Chrysanthemi)	13.0	BB
<i>Ban Lan Gen</i> (Radix Isatidis)	13.0	DD
<i>Jin Yin Hua</i> (Flos Lonicerae)	4.8	DD
<i>Bo He Nao</i> (Resina Menthae)	0.01	BB

LONICERA COMPLEX

EVERGREEN

- *Jin Yin Hua* (Flos Lonicerae Japonicae) DD
- *Lian Qiao* (Fructus Forsythiae) DD
- *Ban Lan Gen* (Radix Isatidis) DD
- *Da Qing Ye* (Folium Isatidis) DD
- *Pu Gong Ying* (Herba Taraxaci) DD
- *Bo He* (Herba Menthae) BB
- *Jie Geng* (Radix Platycodonis) CA
- Lysine
- *Niu Bang Zi* (Fructus Arctii) BB
- *Ye Ju Hua* (Flos Chrysanthemi Indici) BB
- *Zi Hua Di Ding* (Herba Violae) DD
- *Dan Zhu Ye* (Herba Lophatheri) DA
- Echinacea (Herba Echinaceae) DD
- *Jing Jie* (Herba Schizonepetae) BA
- *Lu Gen* (Rhizoma Phragmitis) DA
- *Dan Dou Chi* (Semen Sojae Praeparatum) BB
- *Gan Cao* (Rx/Rz Glycyrrhizae) AA

CHILDREN'S CLEAR AND RELEASE FORMULA

GOLDEN FLOWER (Syrup)

Origin: Jake Fratkin

	<i>Mao Dong Qing</i> (Radix Ilicis Pubescendis)	17 %	DD
•	<i>Lian Qiao</i> (Fructus Forsythiae)	10	DD
•	<i>Jin Yin Hua</i> (Flos Lonicerae Japonicae)	10	DD
	<i>Ju Hua</i> (Flos Chrysanthemi Indici)	8	BB
•	<i>Niu Bang Zi</i> (Fructus Arctii)	7	BB
	<i>Xin Yi Hua</i> (Flos Magnoliae)	7	BA
	<i>Sang Ye</i> (Folium Morus Alba)	7	BB
•	<i>Lu Gen</i> (Rhizoma Phragmitis)	7	DA
	<i>Ge Gen</i> (Radix Puerariae)	7	BB
	<i>Xuan Shen</i> (Radix Scrophulariae)	7	DC
	<i>Man Jing Zi</i> (Fructus Viticis)	7	BB
•	<i>Gan Cao</i> (Rx/Rz Glycyrrhizae)	6	AA

GZQ COLD FORMULA

DR JAKE FRATKIN'S HERBAL FORMULAS (Tincture)

Origin: Jake Fratkin

	<i>jing jie</i> (Herba Schizonepetae)	8	BA
	<i>niu bang zi</i> (Fructus Arctii)	8	BB
	<i>ge gen</i> (Radix Puerariae Lobatae)	8	BB
	<i>man jing zi</i> (Fructus Viticis)	7	BB
	<i>lu gen</i> (Rhizoma Phragmitis)	8	DA
	<i>xuan shen</i> (Radix Scrophulariae)	7	DC
	<i>lian qiao</i> (Fructus Forsythiae)	10	DD
	<i>gang mei gen</i> (Radix Ilicis Asprellae)	22	DD
	<i>ban lan gen</i> (Radix Isatidis)	12	DD
	<i>jin yin hua</i> (Flos Lonicerae)	10	DD

HERBAL ABX EVERGREEN

<i>Cha Chi Huang</i> (Herba Stellariae Aquaticae)	DD
<i>Da Qing Ye</i> (Folium Isatidis)	DD
<i>Feng Wei Cao</i> (Herba Pteris)	DD
<i>Hu Yao Huang</i> (Herba Leucas Mollissimae)	DD
<i>Liu Zhi Huang</i> (Herba Solidaginis)	FA
<i>Pu Gong Ying</i> (Herba Taraxaci)	DD
<i>Shu Wei Huang</i> (Herba Rostellulariae)	DD
<i>Xian Feng Cao</i> (Herba Bidentis)	FC
<i>Ya She Huang</i> (Herba Lippiae)	DD
<i>Pao Zai Cao</i> (Herba Physalis Angulatae)	DD
<i>Huang Lian</i> (Rhizoma Coptidis)	DB

CLEAR TOXIN FORMULA

Dr Jake Fratkin's Herbal Formulas

<i>ban lan gen</i> (Radix Isatidis) 9.6 %	DD	
<i>lian qiao</i> (Fructus Forsythiae)	9.6	DD
<i>bai zhu</i> (Rhizome Atractylodes Macro.)	8.6	AA
<i>dan zhu ye</i> (Folium Lophatheri)	8.4	DA
<i>lu gen</i> (Rhizoma Phragmitis)	8.4	DA
<i>yu xing cao</i> (Herba Houttuyniae)	8.4DD	
<i>jin yin hua</i> (Flos Lonicerae)	8.4	DD
<i>ge gen</i> (Radix Puerariae)	8.4	BB
<i>ju hua</i> (Flos Chrysanthemum) 8.4	BB	
<i>fang feng</i> (Radix Ledebouriellae)	8.4	BA
<i>bo he</i> (Herba Menthae)	7.4	BB
<i>gan cao</i> (Radix Glycyrrhizae)	6.0	AA

QING BI TANG

PUERARIA NASAL COMBINATION (EVG)

qing bi tang • “Clear Nose Decoction”

Origin: Nakakura Pharmacy, Japan, 19th century

<i>Ge Gen</i> (Radix Puerariae Lobatae)	15 %	BB
<i>Sheng Jiang</i> (Rz Zingiberis Recens)	11	BA
• <i>Da Zao</i> (Fructus Jujubae)	11	AA
<i>Xin Yi Hua</i> (Flos Magnoliae)	7	BA
<i>Gui Zhi</i> (Ramulus Cinnamomi)	7	BA
<i>Bai Shao</i> (Radix Paeoniae Alba)	7	AB
<i>Gan Cao</i> (Rx/Rz Glycyrrhizae)	7	AA
<i>Chuan Xiong</i> (Rhizoma Chuanxiong)	7	K
<i>Jie Geng</i> (Radix Platycodonis)	6	CA
<i>Shi Gao</i> (Gypsum Fibrosum)	6	DA
• <i>Jing Jie</i> (Herba Schizonepetae)	6	BA
• <i>Fang Feng</i> (Radix Saposhnikoviae)	6	BA
• <i>Huang Qin</i> (Radix Scutellariae)	4	DB

QING BI TANG

PUERARIA NASAL COMBINATION (EG)

qing bi tang • “Clear Nose Decoction”

<i>Ge Gen</i> (Radix Puerariae Lobatae)	16.9 %	BB
• <i>Yi Yi Ren</i> (Semen Coicis)	14.1	FC
<i>Jie Geng</i> (Radix Platycodonis)	12.7	CA
<i>Xin Yi Hua</i> (Flos Magnoliae)	11.3	BA
• <i>Ma Huang</i> (Herba Ephedrae)	8.5	BA
<i>Bai Shao</i> (Radix Paeoniae Alba)	8.5	AB
<i>Gui Zhi</i> (Ramulus Cinnamomi)	7.0	BA
• <i>Shi Gao</i> (Gypsum Fibrosum)	5.6	DA
<i>Sheng Jiang</i> (Rz Zingiberis Recens)	4.2	BA
<i>Chuan Xiong</i> (Rhizoma Chuanxiong)	4.2	K
• <i>Da Huang</i> (Radix et Rhizoma Rhei)	4.2	PA
<i>Gan Cao</i> (Rx/Rz Glycyrrhizae)	2.8	AA

PUERARIA CLEAR SINUS (EVERGREEN)

<i>Ge Gen</i> (Radix Puerariae Lobatae)	BB
<i>Bai Zhi</i> (Radix Angelicae Dahuricae)	BA
<i>Huang Qin</i> (Radix Scutellariae)	DB
<i>Jie Geng</i> (Radix Platycodonis)	CA
<i>Sheng Jiang</i> (Rz Zingiberis Recens)	BA
<i>Shi Gao</i> (Gypsum Fibrosum)	DA
<i>Xin Yi</i> (Flos Magnoliae)	BA
<i>Cang Er Zi</i> (Fructus Xanthii)	FA
<i>Chuan Xiong</i> (Rhizoma Chuanxiong)	K
<i>Bai Shao</i> (Radix Paeoniae Alba)	AB
<i>Gan Cao</i> (Rx/Rz Glycyrrhizae)	AA
<i>Da Huang</i> (Rx/Rz Rhei)	PA
<i>Da Zao</i> (Fructus Jujubae)	AA
<i>Gui Zhi</i> (Ramulus Cinnamomi)	BA

MAGNOLIA CLEAR SINUS (EVERGREEN)

<i>Xin Yi</i> (Flos Magnoliae)	BA
<i>Bai Zhi</i> (Radix Angelicae Dahuricae)	BA
<i>Fang Feng</i> (Radix Saposhnikoviae)	BA
<i>Gan Cao</i> (Rx/Rz Glycyrrhizae)	AA
<i>Gao Ben</i> (Rz/Rx Ligustici)	BA
<i>Sheng Ma</i> (Rhizoma Cimicifugae)	BB
<i>Chuan Xiong</i> (Rhizoma Chuanxiong)	K
<i>Cang Er Zi</i> (Fructus Xanthii)	FA
<i>Che Qian Cao</i> (Herba Plantaginis)	FC
<i>Jie Geng</i> (Radix Platycodonis)	CA
<i>Jing Jie</i> (Herba Schizonepetae)	BA
<i>Cha Ye</i> (Folium Camelliae)	FC
<i>Zhi Shi</i> (Fructus Aurantii Immaturus)	G
<i>Wu Wei Zi</i> (Fructus Schisandrae)	L
<i>Gan Jiang</i> (Rhizoma Zingiberis)	E

BAI HU TANG

GYPSUM COMBINATION

bai hu tang tang • “White Tiger Decoction”

Origin: Zhang Zhong-Jing, 220 (1)

<i>Shi Gao</i> (Gypsum Fibrosum)	50.0 %	DA
<i>Geng Mi</i> (Semen Oryzae)	25.0	AA
<i>Zhi Mu</i> (Rhizoma Anemarrhenae)	18.8	DA
<i>Zhi Gan Cao</i> (Rx/Rz Glycyrrhizae Prep)	6.2	AA

LIANG GE SAN

FORSYTHIA & RHUBARB FORMULA

liang ge san • “Cool Diaphragm Powder”

Origin: Chen Shi-Wen, 1080

<i>Lian Qiao</i> (Fructus Forsythiae)	28.6 %	DD
<i>Da Huang</i> (Rx/Rz Rhei)	14.3	PA
<i>Gan Cao</i> (Rx/Rz Glycyrrhizae)	14.3	AA
<i>Mang Xiao</i> (Natrii Sulfas)	14.3	PA
<i>Zhi Zi</i> (Fructus Gardeniae)	7.1	DA
<i>Huang Qin</i> (Radix Scutellariae)	7.1	DB
<i>Bo He</i> (Herba Menthae)	7.1	BB
<i>Dan Zhu Ye</i> (Herba Lophatheri)	7.1	DA

PU JI XIAO DU WAN

SCUTE & CIMICIFUGA COMBINATION

pu ji xiao du yin wan • “Universal Benefit Disperse Toxin Cool-Decoction Pills”

Origin: Li Gao (Li Dong-Yuan), 1202

<i>Huang Qin</i> (Radix Scutellariae)	18.9 %	DB
<i>Huang Lian</i> (Rhizoma Coptidis)	18.9	DB
<i>Chen Pi</i> (Pericarpium Citri Reticulatae)	7.6	G
<i>Gan Cao</i> (Rx/Rz Glycyrrhizae)	7.6	AA
<i>Xuan Shen</i> (Radix Scrophulariae)	7.6	DC
<i>Chai Hu</i> (Radix Bupleuri)	7.6	BB
<i>Jie Geng</i> (Radix Platycodonis)	7.6	CA
<i>Lian Qiao</i> (Fructus Forsythiae)	3.8	DD
<i>Ban Lan Gen</i> (Radix Isatidis)	3.8	DD
<i>Ma Bo</i> (Lasiosphaera seu Calvatia)	3.8	DD
<i>Niu Bang Zi</i> (Fructus Arctii)	3.8	BB
<i>Bo He</i> (Herba Menthae)	3.8	BB
<i>Jiang Can</i> (Bombyx Batryticatus)	2.7	O
<i>Sheng Ma</i> (Rhizoma Cimicifugae)	2.7	BB

HUANG LIAN JIE DU TANG

COPTIS & SCUTE COMBINATION

huang lian jie du tang • “Coptis Resolve Toxin Decoction”

Origin: Wang Tao, 752.

<i>Huang Qin</i> (Radix Scutellariae)	25 %	DB
<i>Huang Lian</i> (Rhizoma Coptidis)	25	DB
<i>Huang Bo</i> (Cortex Phellodendri Chinensis)	25	DB
<i>Zhi Zi</i> (Fructus Gardeniae)	25	DA

HUANG LIAN SHANG QING WAN

COPTIS PHELLODENDRON & MINT FORMULA

huang lian shang qing wan • “Coptis Upper Clearing Pills”

Origin: Modern patent medicine

<i>Da Huang</i> (Rx/Rz Rhei)	15.4 %	PA
<i>Huang Lian</i> (Rhizoma Coptidis)	10.5	DB
<i>Huang Qin</i> (Radix Scutellariae)	10.5	DB
<i>Huang Bai</i> (Cortex Phellodendri Chinensis)	10.5	DB
<i>Zhi Zi</i> (Fructus Gardeniae)	10.5	DA
<i>Jiang Huang</i> (Rhizoma Curcumae L)	7.7	K
<i>Lian Qiao</i> (Fructus Forsythiae)	7.7	DD
<i>Ye Ju Hua</i> (Flos Chrysanthemi Indici)	5.2	BB
<i>Dang Gui Wei</i> (Ext/Rx Angelicae Sinensis)	5.2	AB
<i>Jie Geng</i> (Radix Platycodonis)	2.8	CA
<i>Ge Gen</i> (Radix Puerariae Lobatae)	2.8	BB
<i>Bo He</i> (Herba Menthae)	2.8	BB
<i>Xuan Shen</i> (Radix Scrophulariae)	2.8	DC
<i>Tian Hua Fen</i> (Radix Trichosanthis)	2.8	CB
<i>Chuan Xiong</i> (Rhizoma Chuanxiong)	2.8	K

2B3-2

GUILIN WATERMELON FROST*fu fang xi gua shuang* • “Medicinal Compound Watermelon Frost”**Origin:** Gu Shi-Cheng, 17th century.

<i>Xi Gua Shuang</i> (Fructus Citrulli Vulgaris)	50 %	DB
<i>Chuan Bei Mu</i> (Bulbus Fritillariae Cirrhosae)	15	CB
<i>Mei Pian</i> (Resina Borneolum)	10	R
<i>Shan Dou Gen</i> (Rx Sophorae Subprostratae)	5	DD
<i>She Gan</i> (Rhizoma Belamcandae)	5	DD
<i>Qing Dai</i> (Indigo Pulverata Levis)	5	DD
<i>Gan Cao</i> (Rx/Rz Glycyrrhizae)	5	AA
<i>Bo He Nao</i> (Resina Menthae)	5	BB

Packing and Dosage: Spray bottles of 3 g. Apply 1 to 2 squirts, 3 x day.**HERBAL ENT****EVERGREEN**

<i>Huang Qin</i> (Radix Scutellariae)	DB
<i>Huang Lian</i> (Rhizoma Coptidis)	DB
<i>Chen Pi</i> (Pericarpium Citri Reticulatae)	G
<i>Gan Cao</i> (Rx/Rz Glycyrrhizae)	AA
<i>Xuan Shen</i> (Radix Scrophulariae)	DC
<i>Jie Geng</i> (Radix Platycodonis)	CA
<i>Zhe Bei Mu</i> (Bulbus Fritillariae Thunbergii)	CB
<i>Chai Hu</i> (Radix Bupleuri)	BB
<i>Ban Lan Gen</i> (Radix Isatidis)	DD
<i>Ma Bo</i> (Lasiosphaera seu Calvatia)	DD
<i>Niu Bang Zi</i> (Fructus Arctii)	BB
<i>Lian Qiao</i> (Fructus Forsythiae)	DD
<i>Bo He</i> (Herba Menthae)	BB

CHILDREN'S EAR FORMULA

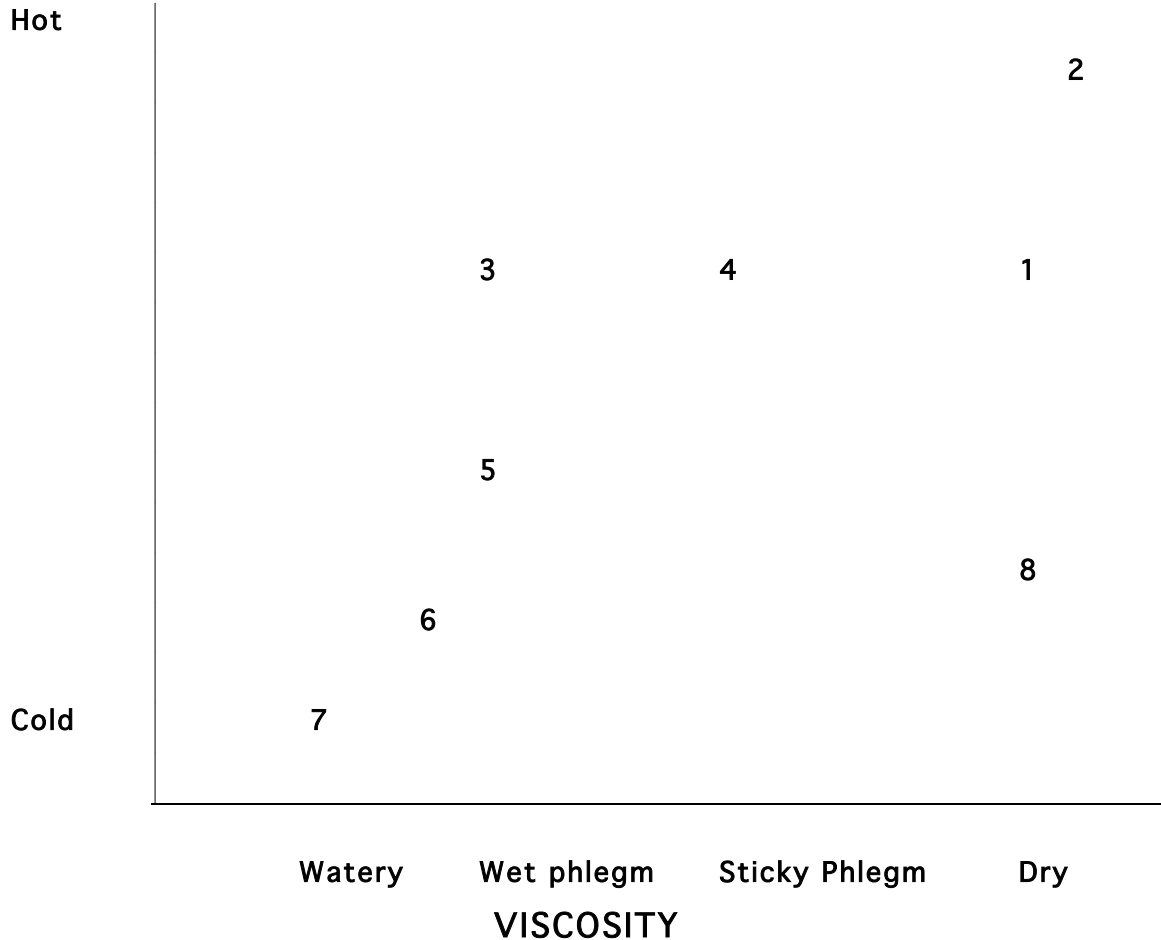
GOLDEN FLOWER

Origin: Jake Paul Fratkin

<i>Huo Xiang</i> (Herba AgastacheS)	10 %
<i>Fu Ling</i> (Poria)	10
<i>Ju Hua</i> (Flos Chrysanthemi)	8
<i>Huang Lian</i> (Rhizoma Coptidis)	8
<i>Lian Qiao</i> (Fructus Forsythiae)	8
<i>Chi Shao</i> (Radix Paeoniae Rubrae)	8
<i>Qian Hu</i> (Radix Peucedani)	8
<i>Bai Zhi</i> (Radix Angelicae Dahuricae)	7
<i>Chai Hu</i> (Radix Bupleuri)	7
<i>Zhe Bei Mu</i> (Bulbus Fritillariae Thunbergii)	7
<i>Ban Xia</i> (Rhizoma Pinelliae Preparati)	7
<i>Man Jing Zi</i> (Fructus Vitexis)	7
<i>Sheng Jiang</i> (Rhizoma Zingiberis)	5

PLOTTING A COUGH

TEMPERATURE



1. WIND-HEAT
(Acute dry cough)
2. LUNG FIRE
(Barking painful cough)
3. PROFUSE PHLEGM-HEAT
(Rattling cough)
4. STICKY PHLEGM-HEAT
(Harsh unproductive cough)

5. PROFUSE PHLEGM-DAMP
(Rattling cough)
6. WATERY PHLEGM-DAMP
(Wet cough)
7. PHLEGM-FLUID
8. YIN DEFICIENCY
(Weak dry cough)

SANG JU YIN

MORUS & CHRYSANTHEMUM COMBINATION

sang ju yin • "Morus, Chrysanthemum Cool-Decoction "

Origin: Wu Ju-Tang, 1798

<i>Sang Ye</i> (Folium Mori)	19.0 %	BB
<i>Ku Xing Ren</i> (Semen Armeniacae Am)	15.9	CC
<i>Jie Geng</i> (Radix Platycodonis)	15.9	CA
<i>Lu Gen</i> (Rhizoma Phragmitis)	15.9	DA
<i>Lian Qiao</i> (Fructus Forsythiae)	12.7	DD
<i>Ju Hua</i> (Flos Chrysanthemi)	7.9	BB
<i>Bo He</i> (Herba Menthae)	6.3	BB
<i>Gan Cao</i> (Rx/Rz Glycyrrhizae)	6.3	AA

RESPITROL (HEAT)

EVERGREEN

<i>Shi Gao</i> (Gypsum Fibrosum)	DA
<i>Ku Xing Ren</i> (Semen Armeniacae Amarum)	CC
<i>Hou Po</i> (Cortex Magnoliae Officinalis)	FB
<i>Ting Li Zi</i> (Semen Descurainiae/Lepidii)	CB
<i>Lian Qiao</i> (Fructus Forsythiae)	DD
<i>Gan Cao</i> (Rx/Rz Glycyrrhizae)	AA
<i>Jie Geng</i> (Radix Platycodonis)	CA
<i>Pi Pa Ye</i> (Folium Eriobotryae)	CC
<i>Sang Bai Pi</i> (Cortex Mori)	CC
<i>She Gan</i> (Rhizoma Belamcandae)	DD
<i>Da Zao</i> (Fructus Jujubae)	AA
<i>Di Gu Pi</i> (Cortex Lycii)	DE
<i>Wu Wei Zi</i> (Fructus Schisandrae)	L

BELAMCANDA 15

Seven Forest (ITM)

Origin: Subhuti Dharmananda

<i>She Gan</i> (Rhizoma Belamcandae)	8%	DD
<i>Yu Xing Cao</i> (Herba Houttuynia Cordata)	8	DD
<i>Shi Shang Bai</i> (Herba Selaginellae)	8	K
<i>Lu Gen</i> (Rhizoma Phragmitis)	7	DA
<i>Xing Ren</i> (Semen Armeniacae Am)	7	CC
<i>Sang Ye</i> (Folium Morus Alba)	7	BB
<i>Zhu Li</i> (Succus Bambusae)	7	CB
<i>Jie Geng</i> (Radix Platycodonis)	7	CA
<i>Bai Bu</i> (Radix Stemonae)	7	CC
<i>Mai Men Dong</i> (Tuber Ophiopogon)	6	AD
<i>Zhe Bei Mu</i> (Bulbus Fritillariae Thunbergii)	6	CB
<i>Niu Bang Zi</i> (Fructus Arctii)	6	BB
<i>Bai Qian</i> (Rhizoma Cynanchi Stauntonii)	6	CA
<i>Gan Jiang</i> (Rhizoma Zingiberis)	5	E
<i>Gan Cao</i> (Rx/Rz Glycyrrhizae)	5	AA

QING QI HUA TAN WAN

PINELLIA & SCUTE FORMULA

qing qi hua tan wan • “Clear *Qi*, Transform Phlegm Pills”

Origin: Wu Kun, 1584

<i>Dan Nan Xing</i> (Arisaema cum Bile)	15.8 %	CB
<i>Ban Xia</i> (Rhizoma Pinelliae)	15.8	CA
<i>Gua Lou Ren</i> (Semen Trichosanthis)	10.5	CA
<i>Huang Qin</i> (Radix Scutellariae)	10.5	DB
<i>Chen Pi</i> (Pericarpium Citri Reticulatae)	10.5	G
<i>Ku Xing Ren</i> (Semen Armeniacae Am)	10.5	CC
<i>Zhi Shi</i> (Fructus Aurantii Immaturus)	10.5	G
<i>Fu Ling</i> (Poria)	10.5	FC
<i>Sheng Jiang</i> (Rhizoma Zingiberis Recens)	5.3	BA

QING FEI TANG

PLATYCODON & FRITILLARIA COMBINATION

qing fei tang • “Clear Lungs Decoction”

Origin: Gong Ting-Xian, 1587

<i>Huang Qin</i> (Radix Scutellariae)	10.3 %	DB
<i>Sheng Jiang</i> (Rz Zingiberis Recens)	10.3	BA
<i>Fu Ling</i> (Poria)	6.9	FC
<i>Dang Gui</i> (Radix Angelicae Sinensis)	6.9	AB
<i>Sang Bai Pi</i> (Cortex Mori)	6.9	CC
<i>Zhu Ru</i> (Caulis Bambusae in Taenia)	6.9	CB
<i>Chen Pi</i> (Pericarpium Citri Reticulatae)	6.9	G
<i>Jie Geng</i> (Radix Platycodonis)	6.9	CA
<i>Zhe Bei Mu</i> (Bulbus Fritillariae Thun)	6.9	CB
<i>Da Zao</i> (Fructus Jujubae)	6.9	AA
<i>Tian Men Dong</i> (Radix Asparagi)	5.2	AD
<i>Ku Xing Ren</i> (Semen Armeniacae Am)	5.2	CC
<i>Zhi Zi</i> (Fructus Gardeniae)	5.2	DA
<i>Mai Men Dong</i> (Radix Ophiopogonis)	5.2	AD
<i>Gan Cao</i> (Rx/Rz Glycyrrhizae)	2.1	AA
<i>Wu Wei Zi</i> (Fructus Schisandrae)	1.4	L

CHILDREN'S LUNG CLEAR FORMULA

GOLDEN FLOWER

Origin: Jake Fratkin

<i>Zhe Bei Mu</i> (Bulbus Fritillariae Thunbergii)	13 %	CB
<i>She Gan</i> (Rhizoma Belamcandae)	13	DD
<i>Qian Hu</i> (Radix Peucedani)	11	CA
<i>Gua Lou Ren</i> (Semen Trichosanthis)	10	CB
<i>Sang Bai Pi</i> (Radix Cortex Morus Alba)	9	CC
<i>Zhi Zi</i> (Fructus Gardeniae Jasminoides)	9	DA
<i>Huang Qin</i> (Radix Scutellariae Baicalenses)	9	DB
<i>Zhi Ke</i> (Fructus Citrus Aurantii)	9	G
<i>Xing Ren</i> (Semen Prunus Armeniacae)	9	CC
<i>Jie Geng</i> (Radix Platycodonis Grandiflorum)	9	CA

SVP LUNG FORMULA

DR JAKE FRATKIN'S HERBAL FORMULAS

<i>chuan xin lian</i> (Herba Andrographis)	9 %	DD
<i>she gan</i> (Rhizoma Belamcandae)	9	DD
<i>zhe bei mu</i> (Bulbus Fritillariae Thunbergii)	9	CB
<i>gua lou</i> (Fructus Trichosanthis)	9	CB
<i>huang qin</i> (Radix Scutellariae)	7	DB
<i>qian hu</i> (Radix Peucedani)	7	CB
<i>huang qin</i> (Radix Scutellariae)	7	DB
<i>bai bu</i> (Radix Stemonae)	7	CC
<i>ku xing ren</i> (Semen Armeniacae)	6	CC
<i>tian men dong</i> (Radix Asparagi)	6	AD
<i>qing pi</i> (Pericarpium Citri Reticulatae Viride)	6	G
<i>gan cao</i> (Radix Glycyrrhizae)	6	AA
<i>sang bai pi</i> (Radix Cortex Mori Albae)	6	CC
<i>jie geng</i> (Radix Platycodonis)	6	CA

FRITILLARY & LOQUAT COUGH MIXTURE

United Pharmaceutical Manufactory; Guangzhou

zhi ke chuan bei pi pa lu • “Relieve Cough [with] Fritillaria [and] Eriobotrya Liquid”

Origin: Modern Chinese patent medicine

<i>Chuan Bei Mu</i> (Bulbus Fritillariae Cirrhosae)	13.3 %	CB
<i>Pi Pa Ye</i> (Folium Eriobotryae)	10.0	CC
<i>Bo He</i> (Herba Menthae)	3.3	BB
<i>Jie Geng</i> (Radix Platycodonis)	3.3	CA
<i>Bai Bu</i> (Radix Stemonae)	5.3	CC
<i>Xing Ren</i> (Semen Armeniacae Amarum)	4.0	CC
Honey/Sugar Syrup	60.8	

Packing and Dosage:

Bottles of liquid, 150 ml (cc). Take 1 teaspoon, 3 x day with water.

HSIAO KEH CHUAN: SPECIAL MEDICINE FOR BRONCHITIS

HARBIN SECOND CHINESE MEDICINE FACTORY; HARBIN

xiao ke chuan zhuan zhi qi guan yan

“Disperse Cough, Asthma Spectic Treat Bronchitis”

Origin: Modern patent medicine

<i>Man Shan Hong</i> (Radix Rhododendri Daurici)	CB
<i>Sugar, Distilled water</i>	

Packing and Dosage:

Bottles of 100 ml or 200 ml. Take 2 teaspoons, 3 x day with water.

RESPITROL (COLD)

EVERGREEN

<i>Bai Jie Zi</i> (Semen Sinapis)	CC
<i>Bai Shao</i> (Radix Paeoniae Alba)	AB
<i>Gan Jiang</i> (Rhizoma Zingiberis)	E
<i>Hou Po</i> (Cortex Magnoliae Officinalis)	FB
<i>Wu Wei Zi</i> (Fructus Schisandrae)	L
<i>Ku Xing Ren</i> (Semen Armeniacae Amarum)	CC
<i>Cang Er Zi</i> (Fructus Xanthii)	FA
<i>Zi Wan</i> (Rx/Rz Asteris)	CC
<i>Gui Zhi</i> (Ramulus Cinnamomi)	BA
<i>Pi Pa Ye</i> (Folium Eriobotryae)	CC
<i>Zi Su Zi</i> (Fructus Perillae)	CC
<i>Zhi Gan Cao</i> (Rx/Rz Glycyrrhizae Praeparata)	AA

YU PING FENG SAN

ASTRAGALUS & SILER FORMULA

yu ping feng san • “Jade Screen (against the) Wind Powder”

Origin: Zhu Zhenheng (Danxi), 1481

<i>Huang Qi</i> (Radix Astragali)	50.0	AA
<i>Bai Zhu</i> (Rhizoma Atractylodis Macro)	16.7	AA
<i>Fang Feng</i> (Radix Saposhnikoviae)	16.7	BA
• <i>Sheng Jiang</i> (Rz Zingiberis Recens)	10.0	BA
• <i>Da Zao</i> (Fructus Jujubae)	6.7	AA

EXTRACTUM ASTRAGALI*bei qi jing*

“Northern Astragalus Extract “

<i>Huang Qi</i> (Radix Astragali)	AA
<i>Feng Mi</i> (Mel)	PB
Distilled water	

Packing and Dosage:

Boxes of 10 glass vials, 10 cc each. Take 1 to 2 vials per day, alone or with water.

CORDYCEPS 3**EVERGREEN**

<i>Dong Chong Xia Cao</i> (Cordyceps)	AC
<i>Huang Qi</i> (Radix Astragali)	AA
<i>Ren Shen</i> (Rx/Rz Ginseng)	AA

IMMUNE +**EVERGREEN**

<i>Huang Qi</i> (Radix Astragali)	AA
<i>Bai Zhu</i> (Rhizoma Atractylodis Macrocephalae)	AA
<i>Ling Zhi</i> (Ganoderma)	AA
<i>Dong Chong Xia Cao</i> (Cordyceps)	AC
<i>Huang Qi</i> (Radix Astragali)	BA
<i>Wu Wei Zi</i> (Fructus Schisandrae)	L

CHILDREN'S JADE DEFENSE

GOLDEN FLOWER

Origin: Jake Paul Fratkin, OMD

<i>Huang Qi</i> (Radix Astragali)	35 %	AA
<i>Fang Feng</i> (Radix Saposhnikoviae)	25	BA
<i>Huang Qi</i> (Radix Astragali)	20	AA
<i>Ju Hua</i> (Flos Chrysanthemi)	20	BB

IMMUNE PLUS

DR JAKE FRATKIN'S HERBAL FORMULAS

<i>huang qi</i> (Radix Astragli)	14	AA
<i>tai zi shen</i> (Radix Pseudostellaria)	11	AA
<i>fang feng</i> (Radix Ledebouriellae)	11	BA
<i>bai zhu</i> (Rhizome Atractylodes Macrocephala)	11	AA
<i>lian qiao</i> (Fructus Forsythia)	11	DD
<i>ban lan gen</i> (Radix Isatidis)	11	DD
<i>huo xiang</i> (Herba Agastaches)	11	FB
<i>ju hua</i> (Flos Chrysanthemum)	10	BB
<i>gan cao</i> (Radix Glycyrrhizae)	10	AA

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CODES FOR THE HERB CATEGORIES

AA	TONIFY <i>QI</i>
AB	TONIFY BLOOD
AC	TONIFY (KIDNEY) <i>YANG</i>
AD	TONIFY <i>YIN</i>
BA	WARM-PUNGENT RELEASE EXTERIOR
BB	COOL-PUNGENT RELEASE EXTERIOR
CA	TRANSFORM PHLEGM-DAMP
CB	TRANSFORM PHLEGM-HEAT
CC	RELIEVE COUGH & ASTHMA
DA	CLEAR HEAT AND DRAIN FIRE
DB	CLEAR HEAT AND DRY DAMPNESS
DC	CLEAR HEAT AND COOL BLOOD
DD	CLEAR HEAT AND RESOLVE TOXINS
DE	CLEAR HEAT DUE TO <i>YIN</i> DEFICIENCY
DF	CLEAR AND RELIEVE SUMMER HEAT
E	WARM THE INTERIOR (SPLEEN <i>YANG</i>)
FA	DISPEL WIND AND DAMPNESS
FB	TRANSFORM (SPLEEN) DAMPNESS
FC	DRAIN DAMPNESS (DIURETICS)
G	REGULATE (STAGNANT) <i>QI</i>
H	RELIEVE FOOD STASIS
J	STOP BLEEDING
K	INVIGORATE BLOOD AND BREAK BLOOD STASIS
L	STABILIZE AND BIND (ASTRINGENTS)
M	OPEN ORIFICES (SENSES)
N	CALM <i>SHEN</i> (SPIRIT)
O	EXTINGUISH (ENDOGENOUS) WIND AND STOP TREMORS
PA	PURGATIVES
PB	LUBRICATING PURGATIVES
PC	DIURETIC PURGATIVES
Q	EXPEL PARASITES
R	EXTERNAL APPLICATION